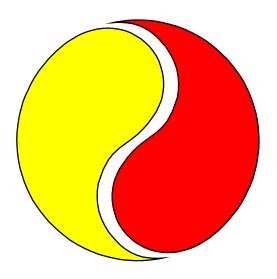


# LEVEL ONE REIKI



# **TRAINING**

Saturday, October 28, 2023 9 AM – 5 PM

Instructed by Reiki Master Ralph Dehner

513-519-0559

Approved for 7.0 CEUs by the Ohio Occupational Therapy Board

### REIKI

Rei (universal or divine source) Ki (life force or energy) is a generic Japanese term used to describe a healing modality that is present in all cultures and religious traditions. Reiki is a spiritual healing energy. The source of Reiki Energy is the Universal Life Force. Reiki energy flows through the practitioner directly to the client. Reiki promotes body harmony by balancing the different energies on the emotional, mental, physical and spiritual levels.

#### Reiki...

- Supports the body's natural ability to heal itself.
- Loosens blocked energy patterns and allows them to release.
- Releases stress.
- Releases harmful emotions
- Cleanses the body of toxins and poisons.
- Adjusts itself according to the needs of the client.

#### **About the Instructor**

Ralph Dehner, BS, COTA/L, CRM has a BS in Holistic Studies/Wellness Management, is a Certified Occupational Therapy Practitioner and is a Master/Teacher of the Usui Shiki Ryoho, Traditional and Modern Methods, Vajarana, Karuna ™, and Tibetan Systems of Natural Healing. He is also practitioner of Medical Qi Gong, The Orian Healing Technique and Pranic Healing. Ralph is also a Certified Personal Trainer and Certified Qi Gong and Tai Chi Instructor.

Ralph has presented on exercise and Chinese Medicine on both television and radio, on Integrative Medicine at the Ohio State Occupational Therapy Conference several times and presents seminars on the therapeutic use of Tai Chi throughout the country.

Ralph has used Reiki therapeutically in Industrial Rehab, in private practice and as Program Coordinator of the nonprofit mental health fitness/wellness center – The Mighty Vine Wellness Club.

#### Reiki Level One

One Day Intensive – 8 hours

### Reiki I Content and Objectives

This one day intensive course will explore the history and theory of Reiki and other energy therapies. Students will learn the proper ethics of touch and intent in the use of Reiki. Each student will receive Attunements to open them up to the flow of universal (Rei) life energy (ki) and practice giving and receiving treatments. Each participant completing the training satisfactorily and will receive a certification as a Level I Reiki Practitioner at that time.

Class location: 5927 Embassy Drive, Fairfield, OH 45014

Registration \$150

includes handouts and optional ongoing mentoring session on a monthly basis working with people in recovery or treatment for cancer when available.

Call Ralph Dehner at 513-519-0559 or email at ralph.dehner@gmail.com for more information.

## with Credit Card or PayPal

Or send check and contact information to: Ralph Dehner—Reiki Level 1 5927 Embassy Drive Fairfield, OH

Registration Deadline is 5 days before class date.